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RESOLUTION NO.

BE IT RESOLVED,

that the American College of Radiology adopt the ACR–ASNR–SPR Practice Parameter for the Performance of Intracranial Magnetic Resonance Perfusion Imaging

Sponsored By: ACR Council Steering Committee

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The American College of Radiology will periodically define new practice parameters and technical standards for radiologic practice to help advance the science of radiology and to improve the quality of service to patients throughout the United States. Existing practice parameters and technical standards will be reviewed for revision or renewal, as appropriate, on their fifth anniversary or sooner, if indicated.

Each practice parameter and technical standard, representing a policy statement by the College, has undergone a thorough consensus process in which it has been subjected to extensive review and approval. The practice parameters and technical standards recognize that the safe and effective use of diagnostic and therapeutic radiology requires specific training, skills, and techniques, as described in each document. Reproduction or modification of the published practice parameter and technical standard by those entities not providing these services is not authorized.

Revised 2012 (Resolution 17)*

ACR–ASNR–SPR PRACTICE PARAMETER FOR THE PERFORMANCE OF INTRACRANIAL MAGNETIC RESONANCE PERFUSION IMAGING

PREAMBLE

This document is an educational tool designed to assist practitioners in providing appropriate radiologic care for patients. Practice Parameters and Technical Standards are not inflexible rules or requirements of practice and are not intended, nor should they be used, to establish a legal standard of care¹. For these reasons and those set forth below, the American College of Radiology and our collaborating medical specialty societies caution against the use of these documents in litigation in which the clinical decisions of a practitioner are called into question.

The ultimate judgment regarding the propriety of any specific procedure or course of action must be made by the practitioner in light of all the circumstances presented. Thus, an approach that differs from the guidance in this document, standing alone, does not necessarily imply that the approach was below the standard of care. To the contrary, a conscientious practitioner may responsibly adopt a course of action different from that set forth in this document when, in the reasonable judgment of the practitioner, such course of action is indicated by the condition of the patient, limitations of available resources, or advances in knowledge or technology subsequent to publication of this document. However, a practitioner who employs an approach substantially different from the guidance in this document is advised to document in the patient record information sufficient to explain the approach taken.

¹ *Iowa Medical Society and Iowa Society of Anesthesiologists v. Iowa Board of Nursing*, ___ N.W.2d ___ (Iowa 2013) Iowa Supreme Court refuses to find that the *ACR Technical Standard for Management of the Use of Radiation in Fluoroscopic Procedures* (Revised 2008) sets a national standard for who may perform fluoroscopic procedures in light of the standard's stated purpose that ACR standards are educational tools and not intended to establish a legal standard of care. See also, *Stanley v. McCarver*, 63 P.3d 1076 (Ariz. App. 2003) where in a concurring opinion the Court stated that "published standards or guidelines of specialty medical organizations are useful in determining the duty owed or the standard of care applicable in a given situation" even though ACR standards themselves do not establish the standard of care.

The practice of medicine involves not only the science, but also the art of dealing with the prevention, diagnosis, alleviation, and treatment of disease. The variety and complexity of human conditions make it impossible to always reach the most appropriate diagnosis or to predict with certainty a particular response to treatment. Therefore, it should be recognized that adherence to the guidance in this document will not assure an accurate diagnosis or a successful outcome. All that should be expected is that the practitioner will follow a reasonable course of action based on current knowledge, available resources, and the needs of the patient to deliver effective and safe medical care. The sole purpose of this document is to assist practitioners in achieving this objective.

I. INTRODUCTION

This practice parameter was revised collaboratively by the American College of Radiology (ACR), the American Society of Neuroradiology (ASNR), and the Society for Pediatric Radiology (SPR).

Magnetic resonance perfusion imaging is a proven and useful tool for the evaluation, assessment of severity, and follow-up of diseases of the central nervous system. It can be performed with contrast administration using dynamic susceptibility contrast (DSC) or dynamic contrast enhancement (DCE) techniques or without contrast administration using arterial spin-labeling (ASL) techniques.

II. INDICATIONS

Primary indications for perfusion magnetic resonance imaging (MRI) include, but are not limited to, the following:

A. Diagnosis and Characterization of Mass Lesions

1. Differential diagnosis (tumor versus tumor mimic)
2. Diagnosis of primary neoplasms (may include grading)
3. Surgical planning (biopsy or resection)
 - a. **Targeting locations for biopsy**
 - b. **Guiding resection extent**
4. Therapeutic follow-up
 - a. Radiation necrosis versus recurrent or residual tumor
 - b. Chemonecrosis versus recurrent or residual tumor
 - c. Pseudoprogession and pseudoresponse
 - d. **Monitor potential transformation of non-resectable low grade neoplasms to higher grade**

B. Assessment of Neurovascular Disease

1. Acute ~~infarct~~ **stroke** (assessment of **ischemic** penumbra)
2. Assessment **of the hemodynamic significance** of cervical or intracranial vascular stenosis ~~occlusive disease~~
3. Assessment of cervical or intracranial revascularization efficacy
4. Assessment of vasospasm

C. Neurodegenerative Disease

III. QUALIFICATIONS AND RESPONSIBILITIES OF PERSONNEL

See the [ACR Practice Parameter for Performing and Interpreting Magnetic Resonance Imaging \(MRI\)](#) [1].

41 **IV. SAFETY GUIDELINES AND POSSIBLE CONTRAINDICATIONS**

42
43 See the [ACR Practice Parameter for Performing and Interpreting Magnetic Resonance Imaging \(MRI\)](#) [1], the
44 [ACR Guidance Document on MR Safe Practices](#) [2] the [ACR-SPR Practice Parameter for the Use of](#)
45 [Intravascular Contrast Media](#) [3], and the [ACR Manual on Contrast Media](#) [4].

46
47 Peer reviewed literature pertaining to MR safety should be reviewed on a regular basis.

48
49 **V. SPECIFICATIONS OF THE EXAMINATION**

50
51 The written or electronic request for MRI perfusion should provide sufficient information to demonstrate the
52 medical necessity of the examination and allow for its proper performance and interpretation.

53 Documentation that satisfies medical necessity includes 1) signs and symptoms and/or 2) relevant history
54 (including known diagnoses). Additional information regarding the specific reason for the examination or a
55 provisional diagnosis would be helpful and may at times be needed to allow for the proper performance and
56 interpretation of the examination.

57 The request for the examination must be originated by a physician or other appropriately licensed health care
58 provider. The accompanying clinical information should be provided by a physician or other appropriately
59 licensed health care provider familiar with the patient's clinical problem or question and consistent with the
60 state's scope of practice requirements. (ACR Resolution 35, adopted in 2006)

61
62 The supervising physician must have complete understanding of the indications, risks, and benefits of the
63 examination, as well as alternative imaging procedures. The physician must be familiar with potential hazards
64 associated with MRI, including potential adverse reactions to contrast media. The physician should be familiar
65 with relevant ancillary studies that the patient may have undergone. The physician performing MRI interpretation
66 must have a clear understanding and knowledge of the anatomy and pathophysiology relevant to the MRI
67 examination.

68 The supervising physician must also understand the pulse sequences to be used and their effect on the appearance
69 of the images, including the potential generation of image artifacts. Standard imaging protocols may be
70 established and varied on a case-by-case basis when necessary. These protocols should be reviewed and updated
71 periodically.

72
73 A. Patient Selection

74
75 The physician responsible for the examination should supervise patient selection and preparation, and be available
76 for consultation. Patients should be screened and interviewed prior to the examination to exclude individuals who
77 may be at risk by exposure to the MR environment.

78 Bolus perfusion studies require the **intravenous (IV)** administration of ~~intravenous (IV)~~ **gadolinium-based**
79 **contrast media agents (GBCAs)**. ~~IV contrast enhancement~~ **GBCAs** should be ~~performed~~ **administered** using
80 appropriate injection protocols and in accordance with the institution's policy on IV contrast utilization. Although
81 ~~gadolinium is~~ **GBCAs are** widely used in pediatric patients, the physician responsible for ~~administering it~~
82 **administration** should be aware that safety and efficacy of ~~gadolinium agents~~ **GBCAs** are not as well established
83 in children **younger than 2 years of age** as they are in older children and adults (see the [ACR-SPR Practice](#)
84 [Parameter for the Use of Intravascular Contrast Media](#) [3] and the [ACR Manual on Contrast Media](#) [4]).

Pediatric patients or patients suffering from anxiety or claustrophobia may require sedation or additional assistance. Administration of moderate sedation or general anesthesia may be needed to achieve a successful examination, particularly in young children. If moderate sedation is necessary, refer to the [ACR–SIR Practice Parameter for Sedation/Analgesia](#) [5].

B. Facility Requirements

Appropriate emergency equipment and medications must be immediately available to treat adverse reactions associated with administered medications. The equipment and medications should be monitored for inventory and drug expiration dates on a regular basis. The equipment, medications, and other emergency support must also be appropriate for the range of ages and sizes in the patient population.

C. Examination Technique

1. Dynamic susceptibility contrast MRI (DSC MRI) T2* perfusion

a. Technique

The DSC MRI perfusion technique is typically used in the setting of infarct and tumor, as well as other conditions with altered cerebrovascular hemodynamics, since it estimates cerebral blood flow and volume. The most common method to perform DSC MRI is a **single shot** gradient-echo echoplanar sequence, which permits acquisition of an entire image slice with only a single radiofrequency excitation. **TE should be based on optimization of T2* contrast for the field strength at which imaging is performed.** In DSC, images are acquired dynamically during the passage of ~~gadolinium~~ **GBCA** through the brain. Image contrast is based on gadolinium's **magnetic susceptibility effect**. Typically, approximately 10 seconds after the beginning of image acquisition, 0.1 mmol/kg of ~~gadolinium~~ **a GBCA** is administered via a peripheral intravenous catheter. **The injection rate in adults is typically at a rate of 4-5 cc/s**, using a power injector to assure standard, reproducible ~~contrast agent~~ **GBCA bolus** administration. Ideally, images should be obtained at least once every 1.5 seconds. Sufficient number of repetitions should be acquired to capture the entire first pass of the contrast bolus – typically 40 repetitions at a TR=1.5 seconds. Examples may be found in the literature [6-8].

The specific protocol may vary depending on the manufacturer and field strength. For imaging neoplasms, an initial ~~gadolinium~~ **GBCA** dose of approximately 0.05 mmol/kg may be injected prior to the DSC injection in order to correct for anticipated leakage effects. **Alternatively, intravascular blood pool agents may be considered to evaluate perfusion, although these agents limit evaluation of blood-brain barrier leakage.**

To assess the hemodynamic significance of an arterial stenosis or occlusion, pharmacologic challenge testing may be useful. In general, such testing entails comparison of DSC performed with and without prior administration of a vasodilatory agent such as acetazolamide. The decision to perform challenge testing should be made in light of the patient's overall cardiovascular status and should take place under physician supervision.

b. Data processing

~~The images obtained during the examination (signal intensity versus time curves) are~~ **A signal intensity versus time curve is extracted from each voxel over the time series and computationally converted by a computer to contrast agent concentration-versus-time curves.** Pre-injection points are typically averaged to produce an estimate of baseline signal intensity, S_0 . Following the arrival of the bolus, the concentration of gadolinium in a voxel can be derived from

signal intensity by the equation $C(t) = -k \ln\left(\frac{S_t}{S_0}\right)$,

127 in which $C(t)$ is the contrast agent concentration at a particular time t , S_t is the signal intensity at that
 128 time, S_0 is the baseline signal intensity before the arrival of the contrast agent, and k is a constant
 129 whose value depends on the pulse sequence used, the manner in which the contrast is injected, and
 130 complex characteristics of the patient’s circulatory system that are difficult to model. Because the
 131 value of k is difficult to estimate, most perfusion maps provide only relative quantification of
 132 perfusion parameters. Cerebral blood volume (CBV) is generally calculated by numerically
 133 integrating the area under the entire $C(t)$. Some researchers have attempted to extract the first pass of
 134 the contrast bolus by fitting gamma variates to the first portion of $C(t)$, but no particular model has
 135 been shown to reflect the first pass reliably. Calculation of cerebral blood flow (CBF) requires
 136 incorporation of the concentration-versus-time curve not just in any voxel but also in the arteries that
 137 supply blood to that voxel, the arterial input function (AIF). An AIF is calculated by measuring $C(t)$
 138 in voxels near an artery or arteries **that are clearly identifiable and preferably supplying the**
 139 **region impacted by pathology.** ~~and averaging those $C(t)$ functions are then averaged~~ either
 140 manually or automatically **over the selected arterial voxels. Other parameters such as relative**
 141 **cerebral blood volume (rCBV), relative peak height (rPH), and peak signal recovery (PSR) may**
 142 **also be calculated.**
 143

144 A mathematical process called deconvolution is used to derive a scaled residue function in each voxel
 145 from the AIF and the voxel’s $C(t)$ function. The amplitude of the deconvolved signal is measured as
 146 the CBF, and the time at which this maximum value is reached is called Tmax. Mean transit time is
 147 calculated by dividing CBV by CBF. Time to peak (TTP) is the time at which **contrast**
 148 **concentration reaches its maximum.** ~~signal intensity reaches its minimum~~
 149

150 2. Dynamic contrast enhanced magnetic resonance imaging (MRI) (DCE MRI) – T1 permeability mapping
 151 [9-14]

152 a. Technique

153 **The DCE MRI perfusion technique is typically used in the setting of tumor evaluation since it**
 154 **allows estimation of tissue permeability.** The most common method to perform DCE MRI uses a
 155 fast T1-weighted gradient-echo sequence with short TE (<1.5 ms) and TR (<7 ms) and flip angle
 156 around 30 degrees. A temporal resolution of 5 to 10 seconds for obtaining a series of two-dimensional
 157 (2-D) slices or a single three-dimensional (3-D) slab is possible with current technology while
 158 preserving spatial resolution. Obtaining a T1 map, commonly using a precontrast lower flip angle
 159 dataset, improves the accuracy of ~~gadolinium~~ **GBCA** concentration calculations and quantification.
 160 The use of a power injector for bolus (2 to 5 cc/second) or infusion (30 to 60 seconds) technique
 161 ensures reproducible and standardized ~~contrast agent~~ **GBCA** administration. As there is ~~the~~ potential
 162 for leakage effects that can cause the ~~relative cerebral blood volume (rCBV)~~ measurements performed
 163 for DSC MRI to be overestimated or underestimated (see **V.C.1.a** above), ~~the DCE MRI injection~~ is
 164 typically performed before the DSC MRI. **This ordering** ~~and~~ also allows for saturation of the
 165 extravascular space, ~~which provides~~ **providing** for more accurate quantification of metrics such as
 166 rCBV from ~~the DSC MRI. acquisition describe above~~
 167

168 b. Data processing

169 The determination of an AIF to obtain more accurate $C(t)$ can be a challenge in DCE imaging.
 170 Ideally, the AIF would be determined in each patient using the dynamic curve of the carotid or middle
 171 cerebral artery. However, if this is not possible, the AIF ~~of~~ **can be approximated from** the superior
 172 sagittal sinus, ~~can suffice~~ with the understanding that this will introduce some error in the
 173 compartmental model output. The plasma concentration curve can be further fitted—eg, to
 174 biexponential form (as in the Tofts model).
 175

176 There are also “reference tissue” models that attempt to estimate the vascular tracer concentration
 177 from one or more normal-appearing surrounding tissues. ~~The data~~ **DCE** can be reviewed qualitatively

178 by characterizing the T1 signal intensity curves over time, or various DCE MRI quantitative metrics
 179 can also be estimated. The typical parameters that can be estimated from the DCE MRI include K^{trans}
 180 (vascular permeability), EES (extravascular, extracellular space), V_p (plasma volume), and the K_{ep}
 181 (K^{trans}/EES). In general, malignant neoplasms will have a very high K^{trans} and V_p but lower EES, and
 182 more benign pathologies, including radiation necrosis and chemonecrosis, will have lower K^{trans} and
 183 V_p but higher EES.

184
 185 3. Arterial spin-labeling perfusion MRI

186 a. Technique

187 Arterial spin-labeling (ASL) perfusion MRI uses magnetically labeled endogenous blood water as a
 188 tracer to derive information on cerebral hemodynamics. This is accomplished by manipulating the
 189 longitudinal magnetization of ~~arterial intravascular~~ blood water in order to differentiate it from the
 190 tissue magnetization. ASL does not require the use of an exogenous contrast agent, can be performed
 191 within about a 5 minute acquisition time, and provides both qualitative and quantitative measures of
 192 cerebral blood flow (CBF). **Moreover, unlike contrast-based approaches, ASL can be repeated**
 193 **multiple times, for example, under different physiological conditions.** ~~The most common ASL~~
 194 ~~approaches use~~ **Although** either pulsed labeling (PASL) with an instantaneous spatially selective
 195 saturation or inversion pulse, or continuous labeling (CASL), most typically by flow driven adiabatic
 196 fast passage, **have been used, pseudocontinuous (P-CASL) is now widely available and provides**
 197 **the important advantage of relative insensitivity to transit time variability [15].** The ASL images
 198 are acquired both with and without magnetization labeling of arterial blood water. The subtle
 199 difference between images acquired with (labeled) and without (control) ASL can be modeled to
 200 derive a calculated cerebral blood flow image showing perfusion in ml/min/100 g-tissue at each
 201 voxel.

202
 203 b. Data processing

204 Analysis of the acquired ASL images can be performed using readily available software. The
 205 qualitative CBF map is created by subtracting the labeled images from the control images, resulting in
 206 an image with intensity proportional to CBF. The quantitative CBF in units of ml/min/100 g-tissue is
 207 much more challenging to measure and requires sophisticated software. Briefly, the equilibrium
 208 magnetization $M_{0,a}$ of the arterial blood is estimated by fitting the control or unlabeled signal in the
 209 brain tissue to a saturation-recovery curve. The CBF is calculated by a fit of the signal difference
 210 (ΔM) to the perfusion model with the following values for the physical constants: R_1 (longitudinal
 211 relaxation rate of tissue); R_{1a} (longitudinal relaxation rate of blood); and λ (brain/blood partition
 212 coefficient of water).

213
 214 4. Perfusion imaging in pediatric patients [16,17]

215
 216 The need for small caliber IVs, intravenous access in hands and feet, and small caliber PICC lines in
 217 infants and small children limits the use of automated power injectors, and **in such situations**, manual
 218 injection of ~~gadolinium agents~~ should be considered to avoid extravasation of contrast and damage to
 219 precarious IV access. **The radiologist should carefully consider whether GBCA should be given,**
 220 **conferring with the providers participating in the direct care of the patient, as needed. ASL should**
 221 **always be considered as an alternative, given the potential repeated exposures to GBCAs for**
 222 **children over their lifetime and the unknown potential risk of gadolinium deposition in brain tissue.**
 223 ~~The radiologist should confer with the clinician providing direct supervision of the child during the MRI~~
 224 ~~procedure before ordering gadolinium to be given~~

225
 226 Perfusion models based on parameters derived from adults have been applied to children, ~~but~~ **and** age-
 227 related normative values for CBF in children are ~~not well~~ **just starting to be** established [18]. ~~and~~ The
 228 effects of general anesthesia or conscious sedation on cerebral perfusion are not clear. ASL may be
 229 preferable to contrast-enhanced perfusion imaging in pediatric patients, especially in neonates, given the

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230 theoretical ~~improvement~~ **advantage** in SNR due to higher velocities of flow in children **and because**
231 **GBCA administration is not required.**

232
233 Special considerations in interpreting perfusion studies in infants and young children include congenital
234 heart disease involving right to left shunts, age-related changes in flow velocity, and sickle cell anemia in
235 which flow velocity is typically elevated. The use of rCBV has limited application in pediatric brain
236 tumors due to predominance of astrocytic tumors of low-grade and high prevalence of non-astrocytic
237 tumors. Similarly, the utility of perfusion metrics in determination of penumbra in pediatric stroke is not
238 known.

239 240 VI. DOCUMENTATION

242 Reporting should be in accordance with the [ACR Practice Parameter for Communication of Diagnostic Imaging](#)
243 [Findings](#) [19].

244
245 **Reports should specify the perfusion technique employed, volume of contrast and rate of injection.**
246 **Specification of the hemodynamic parameters (eg, CBV, MTT, etc) examined and whether qualitative**
247 **review of parameter maps and/or extraction of time-intensity curves or quantitative values were employed**
248 **should be specified. Relevant post-processed images/maps depicting hemodynamic parameters should be**
249 **archived in the same manner as the study images.**

250 251 VII. EQUIPMENT SPECIFICATIONS

252
253 The MRI equipment specifications and performance must meet all state and federal requirements. The
254 requirements include, but are not limited to, specifications of maximum static magnetic strength, maximum rate
255 of change of the magnetic field strength (dB/dt), maximum radiofrequency power deposition (specific absorption
256 rate), and maximum acoustic noise levels.

257 258 VIII. QUALITY CONTROL AND IMPROVEMENT, SAFETY, INFECTION CONTROL, AND 259 PATIENT EDUCATION

261 Policies and procedures related to quality, patient education, infection control, and safety should be developed and
262 implemented in accordance with the ACR Policy on Quality Control and Improvement, Safety, Infection Control,
263 and Patient Education appearing under the heading *Position Statement on QC & Improvement, Safety, Infection*
264 *Control, and Patient Education* on the ACR website (<http://www.acr.org/guidelines>).

265
266 Specific policies and procedures related to MRI safety should be in place along with documentation that is
267 updated annually and compiled under the supervision and direction of the supervising MRI physician. Guidelines
268 should be provided that deal with potential hazards associated with the MRI examination of the patient as well as
269 to others in the immediate area. Screening forms must also be provided to detect those patients who may be at risk
270 for adverse events associated with the MRI examination.

271
272 Equipment monitoring should be in accordance with the [ACR–AAPM Technical Standard for Diagnostic Medical](#)
273 [Physics Performance Monitoring of Magnetic Resonance Imaging \(MRI\) Equipment](#) [20].

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282 Commission on Pediatric Radiology in collaboration with the ASNR and the SPR.

283

284 Collaborative Committee – members represent their societies in the initial and final revision of this practice
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